



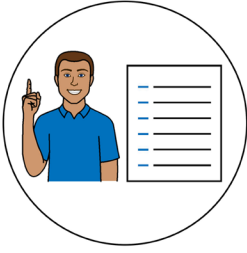
# Cerebral palsy and how you communicate

Communication Hub



Easy English

## Hard words



This book has some hard words.

The first time we write a hard word

- the word is in **blue**
  
- we write what the hard word means.

## You can get help with this book



You can get someone to help you

- read this book
  
- know what this book is about
  
- find more information.



We will write contact information at the end of this book.

## About this book

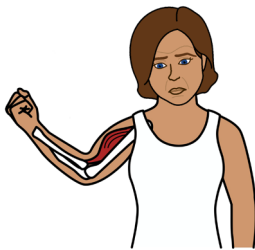


This book is from Communication Hub.

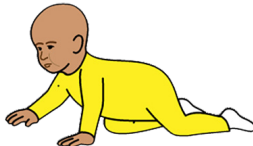
This book is about how you **communicate** when you have **cerebral palsy**.



Communicate means when you share what you think with other people.



Cerebral palsy is a disability that makes it hard to move your muscles.



You get cerebral palsy when you are a baby.



Cerebral palsy can be different for everyone.

## Cerebral palsy and how you communicate



You communicate when you

- talk to people



- use sign language



- send a text message.



When you have cerebral palsy you might

- find it hard to say what you want to say



- need more time to say what you want to say.

When you have cerebral palsy you might **not** use **speech** to say what you think and feel.



Speech is when you talk with your voice.



You might talk with

- hand signs



- body language.



You might also like to communicate with

- picture cards



- a tablet



- a computer.

## How can a speech pathologist help you?

A **speech pathologist** is an expert who can help people

- say what they think



- eat



- drink.

A speech pathologist can help you learn new ways to communicate.



For example, with a computer.



A speech pathologist can help you practise how to say what you want to say.



A speech pathologist can also help your friends and family communicate with you.

## More information



For more information contact  
Communication Hub.



Website [communicationhub.com.au](http://communicationhub.com.au)

**You can read the full information on  
our website**

Website [communicationhub.com.au/  
communication\\_hub/resources/fact\\_sheets/  
cerebral\\_palsy.aspx](http://communicationhub.com.au/communication_hub/resources/fact_sheets/cerebral_palsy.aspx)

## Find a speech pathologist

Speech Pathology Australia



Call 1300 368 835



Website [speechpathologyaustralia.org.au](http://speechpathologyaustralia.org.au)





### **If you do not speak English**

Use the free Translating and Interpreting Service or TIS.



Call 131 450

Give the TIS officer the phone number you want to call.



### **If you need help to speak or listen**

The National Relay Service can help you make a phone call.



Call 1800 555 660



Website [bit.ly/nrs-helpdesk](http://bit.ly/nrs-helpdesk)

Give the relay officer the phone number you want to call.





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